

Sandwiches and Salads

Brown Bag Lunch includes Assorted Coca-Cola Products
and choice of Two Sides *\$10.50*

Potato Salad, Garden Pasta Salad, Kettle Chips or Baked Chips
Cookies, Apple, Fruit Salad or Low Fat NutriGrain Bar
8 Person Minimum Order (Please Limit Your Selections to 4)

Turkey Cheddar

Slow Roasted Turkey Breast, Lettuce, Tomato and Cheddar Cheese on Sourdough

Ham and Swiss

Thin Sliced Ham, Swiss Cheese, Tomato and Lettuce on Marble Rye

Italian

Thin Sliced Ham, Salami, Pepperoni and Provolone Cheese, Topped with Lettuce,
Tomato, Banana Peppers and Black Olives on Seasoned Italian Roll

Tuna Salad

Tuna Salad with Tomato, Lettuce on Multigrain Bread

Roast Beef and Bacon

Thin Sliced Roast Beef, Crispy Bacon Slices and Bleu Cheese with Tomato Lettuce on a Hearty Whole Wheat Roll.

Tuscan Roasted Vegetable Wrap

Roasted Zucchini, Yellow Squash, Eggplant, Red Peppers, Baby Field Greens and Hummus on Herb Wrap **vegan**

Bronzed Chicken Wrap

Roasted Lightly Spicy Chicken Breast, Shredded Mozzarella Cheese, Tomato,
Lettuce and Thin Sliced Red Onion

Grilled Portobello

Portobello Mushroom Marinated in Balsamic Vinaigrette, Grilled and served
with Lettuce, Tomato on a Hearty Whole Wheat Roll **vegan**

House Salad

Romaine Lettuce and Baby Field Greens with Carrot, Cherry Tomato,
Red Onion with Herb Vinaigrette **vegan**

Classic Caesar Salad

Crisp Romaine Lettuce, Shredded Parmesan Cheese,
Garlic Croutons and Caesar Dressing

Sandwiches are accompanied by mayonnaise and mustard

Plated Sandwiches and Salads

All Sandwiches are served with your choice of Redskin Potato Salad or Garden Pasta Salad,
Fruit Salad, Pickle Spear, Coffee and Iced Tea
\$12.99

Turkey Cheddar

Slow Roasted Turkey Breast with Lettuce, Tomato and Cheddar Cheese on Sourdough

Ham and Swiss

Thin Sliced Ham, Swiss Cheese, Tomato and Lettuce on Marble Rye

Italian

Thin Sliced Ham, Salami, Pepperoni and Provolone Cheese, Topped with Lettuce,
Tomato, Banana Peppers and Black Olives on Seasoned Italian Roll.

Tuna Salad

Tuna Salad with Tomato, Lettuce on Multigrain Bread

Roast Beef and Bacon

Thin Sliced Roast Beef, Crispy Bacon Slices, Bleu Cheese, Tomato
and Lettuce on a Hearty Whole Wheat Roll.

Tuscan Roasted Vegetable Wrap

Roasted Zucchini, Yellow Squash, Eggplant, Red Peppers,
Baby Field Greens and Hummus in a Tortilla Wrap **vegan**

Bronzed Chicken Wrap

Roasted Lightly Spicy Chicken Breast, Mozzarella Cheese, Tomato,
Lettuce and Thin Sliced Red Onion

Grilled Portobello

Portobello Mushroom Marinated in Balsamic Vinaigrette, Grilled and served
with Lettuce, Tomato and Sprouts on a Hearty Whole Wheat Roll **vegan**

All Salads are served with Freshly Baked Breads, Butter, Coffee and Iced Tea.

Bronzed Chicken Salad

Tender Roasted Chicken Breast in our Bronze Seasoning served on a bed of Crisp Greens
with Crumbled Bleu Cheese, Grape Tomatoes, Caramelized Red Onion

Grilled Salmon Salad

Grilled Salmon with Spinach, Fresh Seasonal Berries and Vanilla Vinaigrette

Tuscan Chicken Salad

Balsamic Marinated Chicken Breast with Field Greens, Tomato, Artichoke,
Red Onion, Kalamata Olives, Prosciutto Ham and Roasted Tomato Vinaigrette.

Grilled Chicken Caesar Salad

Grilled Chicken Breast on a bed of Romaine Lettuce, Shredded Parmesan Cheese,
Garlic Croutons and Caesar Dressing

Sesame Tofu Salad

Seared Sesame Tofu over Bok Choy and Napa Cabbages with Shiitake Mushrooms,
Red Peppers, Baby Corn and Soy Ginger Vinaigrette **vegan**